

Foot Locker

PRESENTED
BY
HOKA

South Region**13 & 14 Girls 5K Results**
November 30, 2024
Charlotte, NC
Scoring Teams:

1. Without Limits 29 (2 4 5 7 11)
2. Fit180 Athletics 41 (3 6 8 9 15)
3. Mountain State Elite 58 (1 10 13 14 20)
4. Grassroots Running Club 82 (12 16 17 18 19)

Team Total Times (Average)

- Without Limits: 100:43:35 (20:08:43)**
Fit180 Athletics: 102:11:23 (20:26:16)
Mountain State Elite: 104:46:01 (20:57:12)
Grassroots Running Club: 109:18:22 (21:51:40)

| Place | Time | Bib# | Name | City, State | Team |
|-------|---------|------|---------------------|-------------------|----------------------------|
| 1 | 18:35.3 | 1521 | Juliana Von Wulffen | Winfield, WV | Mountain State Elite |
| 2 | 18:59.7 | 1115 | Celia Maudlin | Louisville, KY | Thomson Training |
| 3 | 19:20.7 | 1466 | Scotlyn Szabo | Nolensville, TN | |
| 4 | 19:21.7 | 1047 | Cate Leppard | Columbia, SC | Heathwood Hall |
| 5 | 19:27.1 | 1270 | Leyland Phillips | Morgantown, WV | ONKA1080 RC |
| 6 | 19:34.9 | 864 | Annabelle Hanson | Belews Creek, NC | HIGH POINT BLAZE |
| 7 | 19:42.2 | 221 | Jalyn Alexander | Youngsville, NC | Without Limits |
| 8 | 19:43.6 | 169 | Kathryn Malek | Waxhaw, NC | Fit180 Athletics |
| 9 | 19:48.7 | 225 | Paige Bayless | Raleigh, NC | Without Limits |
| 10 | 19:51.6 | 1493 | Tabitha Trapp | Johnston, SC | |
| 11 | 19:52.8 | 1377 | Reese Sazama | Cornelius, NC | |
| 12 | 19:56.1 | 452 | Ryan Belt | Louisville, KY | Thomson Training |
| 13 | 20:03.7 | 260 | Nora McCall | Hillsborough, NC | Without Limits |
| 14 | 20:03.9 | 172 | Dottie Phillips | Charlotte, NC | Fit180 Athletics |
| 15 | 20:11.9 | 1523 | Hayes Vossekuil | Waxhaw, NC | |
| 16 | 20:14.0 | 224 | Madison Bayless | Raleigh, NC | Without Limits |
| 17 | 20:20.5 | 167 | Kate LeRoy | Waxhaw, NC | Fit180 Athletics |
| 18 | 20:23.2 | 1136 | Maggie Mewett | Knoxville, TN | Knoxville Youth Athletics |
| 19 | 20:23.8 | 165 | Grace Krafchek | Weddington, NC | Fit180 Athletics |
| 20 | 20:36.5 | 654 | Cecelia Davidson | Winston Salem, NC | |
| 21 | 20:38.5 | 1625 | Sofie Zappitelli | Hurricane, WV | Mountain State Elite |
| 22 | 20:40.4 | 677 | Anna Dernlan | Daphne, AL | |
| 23 | 20:41.0 | 1120 | Alyssa McCrady | Parkersburg, WV | Country Roads Running Camp |
| 24 | 20:42.7 | 302 | Scout Stines | Culloden, WV | Ona Elite |
| 25 | 20:48.1 | 1033 | Linley Lawhorn | Knoxville, TN | |
| 26 | 20:49.8 | 1302 | Haley Raper | Washington, WV | Country Roads Running Camp |
| 27 | 20:52.9 | 245 | Genevieve Helfrich | Raleigh, NC | Without Limits |
| 28 | 20:54.0 | 231 | Madeline Cornwell | Cary, NC | Without Limits |
| 29 | 20:57.2 | 257 | Breezie Mackinnon | Raleigh, NC | Without Limits |
| 30 | 21:05.1 | 1366 | Ambrin Saft | Mills River, NC | |
| 31 | 21:06.4 | 445 | Maggie Beaudreau | Lawrenceville, GA | Heart of Georgia |
| 32 | 21:08.8 | 568 | Abigail Chambrovich | Summerville, SC | |
| 33 | 21:09.2 | 275 | Abby Squires | Fuquay Varina, NC | Without Limits |
| 34 | 21:11.5 | 1159 | Maggie Moore | Greeneville, TN | |
| 35 | 21:14.9 | 404 | Olly Arrington | Bristol, TN | |
| 36 | 21:15.0 | 203 | Macyn Heenan-Menges | Lexington, KY | Grassroots Running Club |
| 37 | 21:18.3 | 1372 | Hortance Sallault | Clermont, FL | |
| 38 | 21:18.4 | 783 | Addison Frye | Hurricane, WV | Mountain State Elite |
| 39 | 21:18.5 | 364 | Emery Adams | Knoxville, TN | |
| 40 | 21:20.4 | 774 | Hunter Vye Fraser | Clemson, SC | |
| 41 | 21:20.6 | 516 | Emma Brown | Rock Hill, SC | |
| 42 | 21:23.3 | 1486 | Francy Tidd | Hurricane, WV | Mountain State Elite |
| 43 | 21:31.4 | 365 | Emma Adams | Pfafftown, NC | HIGH POINT BLAZE |
| 44 | 21:33.5 | 227 | Emerson Carver | Raleigh, NC | Without Limits |
| 45 | 21:36.5 | 793 | Kendall Gant | Williamstown, WV | Country Roads Running Camp |
| 46 | 21:37.1 | 178 | Zoey Shultz | Waxhaw, NC | Fit180 Athletics |


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| | | | | | |
|----|---------|------|---------------------|-------------------|----------------------------|
| 47 | 21:44.5 | 219 | Millie Tinker | Lexington, KY | Grassroots Running Club |
| 48 | 21:47.9 | 220 | Olivia Truex | Lexington, KY | Grassroots Running Club |
| 49 | 21:50.9 | 191 | Sarah Woods | Waxhaw, NC | Fit180 Athletics |
| 50 | 21:54.9 | 1430 | Chandler Sosebee | Gainesville, GA | |
| 51 | 21:59.1 | 272 | Aria Schoch | Cary, NC | Without Limits |
| 52 | 22:05.5 | 1391 | Sophia Shamblin | Mineral Wells, WV | Country Roads Running Camp |
| 53 | 22:09.7 | 1637 | Sienna Zuchelli | Fairmont, WV | |
| 54 | 22:10.7 | 199 | Mila Gonzalez | Lexington, KY | Grassroots Running Club |
| 55 | 22:17.9 | 198 | Olivia Fereday | Lexington, KY | Grassroots Running Club |
| 56 | 22:25.4 | 195 | Lyric Bandy | Georgetown, KY | Grassroots Running Club |
| 57 | 22:34.6 | 206 | Julie Howell | Lexington, KY | Grassroots Running Club |
| 58 | 22:44.5 | 451 | Elizabeth Bellendir | Lexington, NC | HIGH POINT BLAZE |
| 59 | 22:45.2 | 238 | Grace Elliott | Raleigh, NC | Without Limits |
| 60 | 22:47.0 | 168 | Myana Malarkey | Waxhaw, NC | Fit180 Athletics |
| 61 | 22:48.6 | 388 | Celina Anaya | Hurricane, WV | Mountain State Elite |
| 62 | 22:54.3 | 996 | Addison Kennedy | Winfield, WV | Mountain State Elite |
| 63 | 22:58.5 | 1042 | Sophia Leili | Knoxville, TN | |
| 64 | 23:24.8 | 679 | Layla Devereux | Saint Albans, WV | |
| 65 | 23:31.7 | 164 | Amelia Karpel | Waxhaw, NC | Fit180 Athletics |
| 66 | 23:38.9 | 1470 | Charlotte Taylor | Covington, VA | |
| 67 | 23:45.4 | 176 | Madelyn Rankin | Waxhaw, NC | Fit180 Athletics |
| 68 | 23:47.2 | 152 | Brooklyn Brownfield | Charlotte, NC | Fit180 Athletics |
| 69 | 23:47.9 | 1232 | Karina Osipova | Asheville, NC | |
| 70 | 24:18.7 | 215 | Reagan Roberts | Lexington, KY | Grassroots Running Club |
| 71 | 24:22.2 | 1597 | Emily Woods | Morgantown, WV | Onka1080 |
| 72 | 24:23.0 | 236 | Reegan Early | Greenville, SC | Without Limits |
| 73 | 24:24.3 | 181 | Emma Tackett | Waxhaw, NC | Fit180 Athletics |
| 74 | 24:27.0 | 1299 | Sydney Ragle | Douglas, GA | Amplify |
| 75 | 24:34.0 | 681 | Mary DeYoung | Charlotte, NC | |
| 76 | 24:45.9 | 1197 | Tegan Nearman | Stafford, VA | |
| 77 | 24:58.7 | 1635 | Lilah Zito | Lyman, SC | |
| 78 | 25:07.1 | 349 | Evelyn Garcia | Deep Run, NC | Carolina Reign |
| 79 | 25:09.9 | 1020 | Ruby Kovach | Bahama, NC | North Durham Run Club |
| 80 | 25:14.6 | 658 | Harper Davis | Cornelius, NC | |
| 81 | 25:28.6 | 289 | Sophie Hatfield | Ona, WV | Ona Elite |
| 82 | 25:29.1 | 636 | Katherine Currie | Tifton, GA | |
| 83 | 26:31.7 | 530 | Anya Bumbulucz | Charlotte, NC | |
| 84 | 27:12.2 | 1517 | Amber Vincent | Shinnston, WV | ONKA1080 RC |
| 85 | 27:40.5 | 907 | Daisy Hodges | Covington, VA | |
| 86 | 28:46.3 | 182 | Elina Tackson | Matthews, NC | Fit180 Athletics |



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