



*** MEDIA ALERT ***

Garcia and Fahy Capture First Place Titles in 33rd Annual Foot Locker Cross Country Championships West Regional

RACE HIGHLIGHTS:

Karlie Garcia of Roseville, Calif., and Darren Fahy of Carlsbad, Calif., won the Foot Locker Cross Country Championships (FLCCC) West Regional today. In the girls' race, Garcia went out hard followed closely by a large chase group, including Kelsey Braithwaite of Perry, Utah, and Makena Morley of Bigfork, Mont. At approximately two miles, Garcia took command of the course and never looked back, capturing the title in 17:46, marking her second year to qualify for the FLCCC National Finals. Braithwaite, a senior at Box Elder High School, finished second in 17:55, with Morley, a freshman at Bigfork High School, placing third in 18:07.

In the boys' race, Darren Fahy, a senior at La Costa Canyon High School, ran with a pack of twenty until the second mile when he made his move to distance himself from the other runners. Nathan Weitz of Spokane, Wash., attempted to overcome Fahy with 200 meters remaining, but Fahy held onto the lead to win the race in 15:29. Weitz, a senior at The Oaks Classical Christian Academy finished second in 15:30, with Robert Farnsworth, a senior at Highland High School in Pocatello, Idaho, placing third in 15:41. Fahy and Weitz are two-time FLCCC National Finalists.

WHEN/WHERE:

Saturday, December 3, 2011
Mount San Antonio College in Walnut, Calif.

COURSE/WEATHER:

5K; good course conditions; clear and sunny skies with a slight breeze; 55 degrees

NATIONAL:

The top ten boys and the top ten girls in today's seeded races qualified to compete against runners from the Northeast, South and Midwest Regional meets in the Foot Locker Cross Country Championships National Finals, on Saturday, Dec.10 at Morley Field, Balboa Park in San Diego, Calif.

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*Race photos and video highlights are available by request or online at www.footlockercc.com

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2011 Foot Locker Cross Country Championships – West Regional Results
Mount San Antonio College – Walnut, Calif.

Boys

Place	Name	Hometown	High School	Time
1)	Darren Fahy	Carlsbad, Calif.	La Costa Canyon High School (12)	15:29
2)	Nathan Weitz	Spokane, Wash.	The Oaks Classical Christian Academy (12)	15:30
3)	Robert Farnsworth	Pocatello, Idaho	Highland High School (12)	15:41
4)	Andrew Gardner	Spokane, Wash.	Mead High School (11)	15:41
5)	Billy Gaudreau	Dana Point, Calif.	St. Margaret's Episcopal School (12)	15:42
6)	Cameron Miller	Bakersfield, Calif.	Stockdale High School (12)	15:43
7)	Luis Luna	Santa Rosa, Calif.	Pine High School (12)	15:43
8)	CJ Albertson	Fresno, Calif.	Buchanan High School (12)	15:46
9)	Myles Smith	Lakewood, Calif.	St. John Bosco High School (11)	15:47
10)	Kevin Durham	Lake Forest, Calif.	El Toro High School (12)	15:50

Girls

Place	Name	Hometown	High School	Time
1)	Karlie Garcia	Roseville, Calif.	Oakmont High School (11)	17:46
2)	Kelsey Braithwaite	Perry, Utah	Box Elder High School(12)	17:55
3)	Makena Morley	Bigfork, Mont.	Bigfork High School (9)	18:07
4)	Sarah Robinson	Los Altos Hills, CA	Gunn High School (10)	18:11
5)	Jordan McPhee	Normandy Park, Wash.	Mount Rainier High School (10)	18:13
6)	Nikki Hiltz	Aptos, Calif.	Aptos High School (11)	18:17
7)	Sydney Segal	Beverly Hills, Calif.	Beverly Hills High School (11)	18:32
8)	Clare Carroll	Folsom, Calif.	Vista del Lago High School (10)	18:33
9)	Camille Chapus	Pacific Palisades, Calif.	Harvard-Westlake High School (12)	18:34
10)	Anna Maxwell	Felton, Calif.	San Lorenzo Valley High School (10)	18:38
11)	Emily Nist*	Meridian, Idaho	Bishop Kelly High School (12)	18:41

* First Alternate qualifying for FLCCC National Finals. Fourth place, Sarah Robinson, is unable to attend the National Finals.